

MEDIA RELEASE

For Immediate Release

VWR Celebrates 40 years in Waterloo Region during National Volunteer Week 2024 (April 14 - 20)

National Volunteer Week is set aside each year to thank volunteers in our communities across Canada. Millions of Canadians give their skills, time, and passion to formal charities and community organizations, while even more Canadians volunteer to help family members, friends, and neighbours in need of support for everyday activities.

During National Volunteer Week 2024, we come together to recognize and celebrate the importance of each and every volunteer's impact from coast to coast to coast. Now more than ever, *"Every Moment Matters."* This year's theme highlights the importance of every volunteer and each contribution.

This year, National Volunteer Week takes on added significance in our community as Volunteer Waterloo Region celebrates its 40th Anniversary. This lean, little nonprofit has been serving the Region since 1984 and has continued to grow stronger each decade, making connections and fostering a sense of belonging in our community. The sharing of time, skills, empathy, and creativity is vital to the inclusivity, strength, and well-being of our community. By coming together, committing support, and increasing our collective efforts and impact, we contribute exponentially to the quality of life we all strive for.

To celebrate, an event will take place on Monday, April 15th at the Victoria Park Pavilion in Kitchener. Susan Cook-Scheerer will host the dinner, and three key speakers will share their thoughts on the PAST, PRESENT, and FUTURE of the volunteer centre and its important role in our Region. Friends are welcome to join the event and enjoy great food and the sounds of Juneyt. Visit volunteerwr.ca for more details.

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